



 LifeWorks

Download the LifeWorks app

Feel supported, connected and rewarded wherever you are!



With the innovative LifeWorks app, you can access qualified support for your mental, physical, social and financial well-being, any time, from anywhere.

- Search for resources and tools on topics ranging from **family and life to health, money and work.**
- Connect to information and updates through the app's **News Feed.**

What's more, the app acts like your digital wallet card. You can call a LifeWorks **Employee Assistance Program (EAP)** advisor with just one tap – toll-free, 24/7 – for expert advice, resources and referrals.

Download the LifeWorks app today for convenient access to well-being support!

1. Download the free app on Android or iOS – simply search for “LifeWorks”.



2. Open the app, click on 'Log in' and enter your log-in credentials.

Username:

Password: